

Ingredients

Nut cheese

- 1 cup macadamias soaked
- 1/4 cup pine nuts
- 2 tablespoons lemon juice
- 2 tablespoons nutritional yeast
- 2 tablespoons fresh parsley
- 1 tablespoon fresh thyme
- 1/2 teaspoon salt
- 1/2 cup water or a little more as needed

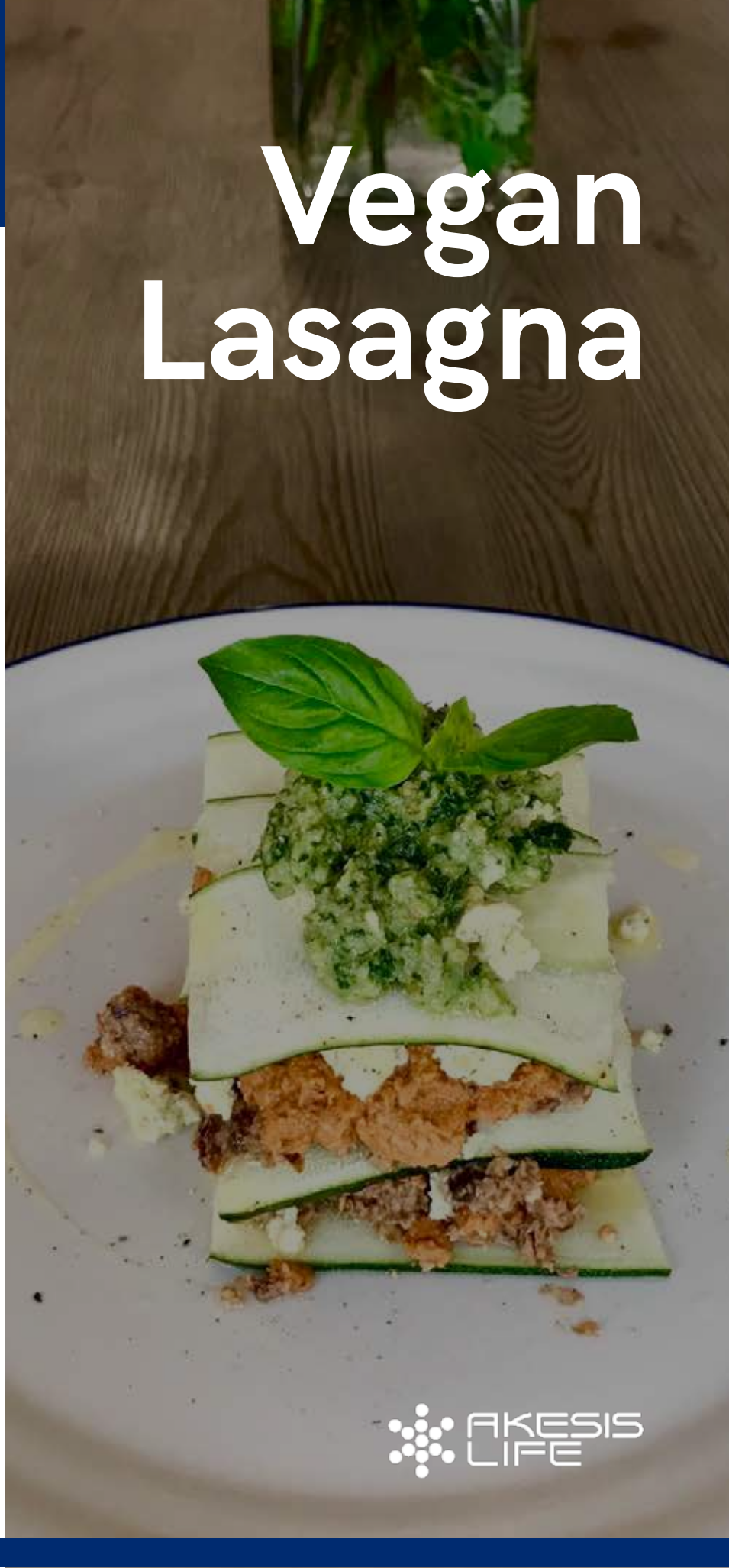
*Process all ingredients together, adding as little of the water as possible.

Walnut meat layer

- 1/2 cup walnuts soaked
- 1/2 cup sun-dried tomatoes
- 1 tablespoon brown miso
- 2 tablespoons dried oregano
- 1 tablespoon shoyu
- 1/4 tablespoon cayenne pepper
- 1 tablespoon olive oil

*Grind all ingredients in a food processor, leaving the mixture slightly chunky.

Vegan Lasagna



Ingredients

Tomato sauce

- 1/2 cups sun-dried tomatoes
- 2 cloves garlic
- 2 cups tomato seeded and chopped
- 1 tablespoon dried oregano
- 2 tablespoons olive oil
- 2 tablespoons lemon juice

*Process in a food processor until smooth.

Pesto

- 2 cups basil leaves
- 3/4 cup pine nuts or walnuts
- 3 tablespoons olive oil
- 1/2 teaspoon salt
- 1 clove garlic
- 1 tablespoon lemon juice

Zucchini Pasta Sheet

- Raw Zucchini Slice
- Olive Oil
- Salt
- Black pepper

*Marinate in the bowl.

Vegan Lasagna

